



## MWNA SATURDAY NetSetGO HANDBOOK

Manly Warringah Netball Association games are played at the John Fisher Park Netball Courts, Abbott Rd, North Curl Curl.

Nicole Carter NetSetGO Convenor 0450-965-756

When completed a full draw, calendar, court plan are available on our website under the competition tab [www.mwna.com.au](http://www.mwna.com.au)

- All players must be registered with MWNA via their club and play in full registered playing uniform.
- **MWNA does not grade NSG teams and neither should Clubs.** NSG teams are placed in groupings. These groupings have animal names so that the teams know where to look for their courts. The groupings are based on the number of returning players from the previous year so that the more experienced NSG teams play each other. There is no NSG grouping that is deemed “better” than another. The animal names are drawn at random so it is possible to be in the same animal grouping for 2 years.
- All players must play in accordance with the **NSG Do’s and Don’ts** which can be found on the MWNA website under NetSetGo. Other useful information can be found here as well.
- NetSetGO 7 and 8 year players may **not** play in any **competition game** i.e. 10 years or higher.
- 9 year players can play as a fill in player for the lowest 10 year team at their club. 2025 Guidelines for Players Playing up must be followed.
- 9 year games are being scored in 2025.



## MWNA SATURDAY NetSetGO HANDBOOK

- Each team is to collect a ring from the ring room under the grandstand and is responsible for returning it at the conclusion of the game. Rings will be signed in and out.
- Game Day sheets are required for 9 year games only and will be provided when you collect your ring to the home team which is the team listed on the left hand side of the score sheet. Managers are to tick off players present. No need for player signatures. Add any borrowed player information.
- There are no limits to the amount of times you can borrow players from other NetSetGO (7, 8 and 9 year old) teams and this includes other clubs as they do not play competition netball however, 7 years cannot play in 9 years and 9 years cannot play in 7 years. The aim is to have all players take the court and play each week, so if you have additional players and your opposition is short please offer to lend them your players.
- Coaches are required to remain in one spot along the sideline once the game has commenced. Do not stand behind goal posts. Please remain out of the way of the umpires line.
- Have you thought about what messages you are giving your players if you pace the sideline?
- If you want your players to be calm and composed on court you need to be calm and composed on the sideline too!!
- Find a spot you are comfortable with and stand there for the whole quarter. Be calm, be positive, be the leader!



- The Umpires shall have the power to veto any article of attire that may be considered dangerous or, that is contrary to the registered uniform, including taped nails and jewellery which is not acceptable in MWNA games. Refer Official Rules of Netball - Rule 5.1.1 (iv). This is a matter of player safety. Umpires must umpire in accordance with the **NSG Do's and Don'ts. They must know the Rules.**

### **THE DECISIONS OF THE UMPIRES SHALL BE FINAL AND SHALL BE GIVEN WITHOUT APPEAL**

Club delegates along with the NetSetGo committee will be at the grounds and you are welcome to ask questions. They will be making sure the following is observed.

- No jewellery is to be worn or taped.
- The coach is not on the court after the whistle has been blown.
- Spectators are observing good sideline behavior.
- Teams are changing ends each quarter.
- The two umpires are dividing the court correctly and they do not change sides, while at the same time giving both teams equal direction

### **Wet Weather**

Players should turn up to play unless:- MWNA advise closure of the grounds or cancellation of games via MWNA Facebook page and the Netball HQ App. This is made at 7am **We will attempt to make up lost games if possible.**

### **Allocation of Umpires**

NetSetGO 7/8/9 years games are umpired by their own Club. Umpires go straight to the court and do NOT have to be checked off. Umpires must be capable of umpiring NetSetGo.



### **Players and Spectators**

Litter is not to be left at the grounds, please place all rubbish in the bins provided.

The public must comply with Northern Beaches Council Smoking Ban for sporting fields, parks and playgrounds and people must refrain from smoking around the netball courts. This includes vaping.

MWNA identifies dogs as a safety hazard around the courts. Do not bring your dogs to Netball.

Bulky items i.e. chairs, prams, bikes, scooters, umbrellas are also a safety hazard between the courts. Please ensure that these are not between courts.

Players and spectators are asked not to park their cars across driveways or in hazardous places or in the designated section for ambulances. Rangers do patrol these areas and issue fines. Use of the kiss and drop zone in Abbott Road is encouraged.

**Stoppages:** The umpires may hold time for blood when noticed or for injury/illness. Use common sense around any injuries. Only the Primary Care Person/s are allowed on the court to assess the player's medical condition and to assist the player from the court. No other Team Official or Parent is permitted on court.

**“No added injury/illness time is allowed”** During the stoppage both teams may make substitutions and/or team changes provided this is completed within the time allowed by the Umpires. Or the position may be left vacant and a player may take that position on court following the late arrival procedures.

**Insurance** MWNA provide a physiotherapist in attendance each day of competition. A sports Injury Claim Form is available on the Association's website [www.mwna.com.au](http://www.mwna.com.au)



**Codes of Behaviour** refer [www.mwna.com.au](http://www.mwna.com.au)

Canteen and toilet facilities are available in the Administration building.

**Website and Social Media**

MWNA and the clubs reach all our members via the website, Social Media and email.

**Website:** <http://mwna.com.au> is the main source of information for our members. Here you will be able to find club contact links, calendar of events, forms, competition rules, news and events plus a lot more.

**Facebook:** The Facebook page is updated on a regular basis with all MWNA news as well as updates on game cancellations. So we recommend you like our page.

[Search MWNA](#)

**Mailchimp:** Has been introduced as an Electronic Direct Mail system to all players.

**Netball HQ:** Download the app now, sign in with your Play HQ login and you can follow your club and teams. All fixtures and results are published via the app. It will also be used to communicate court changes and wet weather decisions.





# NetSetGo for 7, 8 & 9 year olds — 2025



## SOME NETSETGO UMPIRING DO'S AND DON'TS

	DO'S	DON'TS
<b>UMPIRING</b>	Do divide the court correctly as per the normal rules when umpiring Netsetgo Netball	Don't coach while umpiring (ie: during the game; at intervals is acceptable)
	Do blow the whistle to stop play if an infringement occurs	Don't change sides during the game
	Do offer a brief explanation of what has been done wrong when an infringement occurs (this may involve going onto the court)	Don't change umpires during the game
	Do make sure that teams change ends at the end of each quarter and rotate centre passes after a goal is scored	Don't give the next centre pass, after a goal, to the non scoring team (rotate centre passes)
<b>THE PLAYERS</b>	Do make sure that all Netsetgo players play all positions over the season (NetSetGO Policy)	Don't change all positions at the end of each quarter
	Do allow the team to borrow/lend players rather than play short	
<b>FOOTWORK</b>	Do allow some shuffling to gain balance	Don't allow shuffling forward
	Do award a free pass to the opposing team if players shuffle forward	
<b>HELD BALL</b>	Do award a free pass to the opposing team if the ball is held for more than 5 seconds	
<b>DEFENDING/ OBSTRUCTION</b>	Do award a penalty pass/penalty pass or shot, if players are defending closer than 120cm (4 feet)	Don't allow players to put their arms up to defend if they are closer than 120cm (4 feet) away from the player throwing the ball.
	Do demonstrate how far 120cm (4 feet) is, as 'two big steps' away.	Players MAY have arms up to get a rebound
	Do allow shots for goal to be defended - from 120cm (4 feet)	Don't stand players 'out of play' for obstruction
<b>CONTACT</b>	Do apply the normal rules and award a penalty pass / penalty pass or shot to the opposing team if players contact	Don't stand players 'out of play' for contact
<b>THROW INS</b>	Do apply the normal rules and award a throw in to the opposing team when the ball goes out of court	Don't allow players to put their foot on the line when throwing in - award a throw in to the other team
	Do show players where to stand with their foot within 15cm of the line	Don't allow players to stand more than 15cm behind the line - award a throw in to other team
<b>FALLING ON THE BALL</b>	Do apply the normal rules and award a free pass to the opposing team if players fall on the ball to gain possession	Don't allow players to fall on the ball to gain possessions (as per normal rules) award a free pass to the other team
<b>OFFSIDE</b>	Do apply the normal rules and award a free pass to the opposing team in the offside area	
<b>OVER A THIRD</b>	Do apply the normal rules and award a free pass to the opposing team over the second crossed line	
	NetSetGO is focused on teaching children the basic skills and rules of netball	
	through a range of fun games and activities.	

**DO HAVE LOTS OF FUN!**

« Harbord Road

> No Parking on Saturdays <

NO PARKING in SCHOOL GROUNDS

Drop off zone only - No Parking

To Beach »

### ABBOTT ROAD

SCOUT HALL

PARKING

PARKING

PARKING

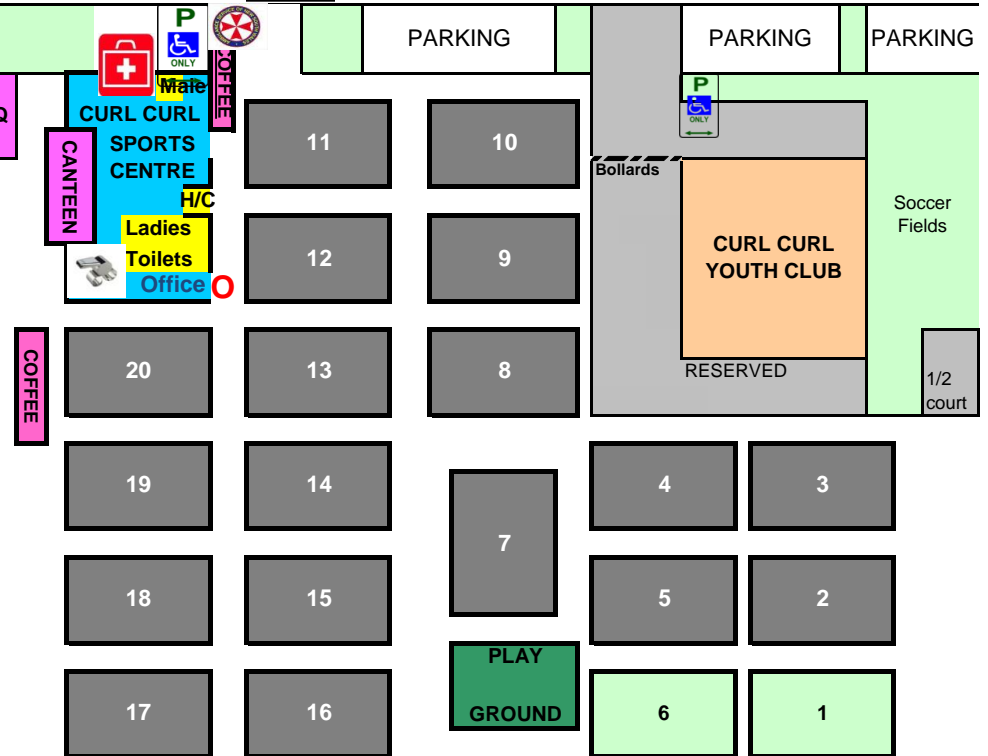
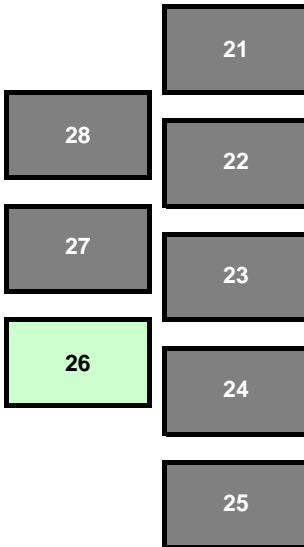
PARKING

PARKING

PARKING

PARKING

PARKING



Ambulance Entry DO NOT PARK
 Grass Courts
 Hard Courts
 Coffee / Food
 Toilets
 Physio / Ice
 NSG Rings downstairs
 Office
 Upstairs - Official Duty/score sheets
 Umpires committee
 Limited street parking available in back streets

PARKING IS LIMITED - PLEASE CAR POOLWHEREVER POSSIBLE